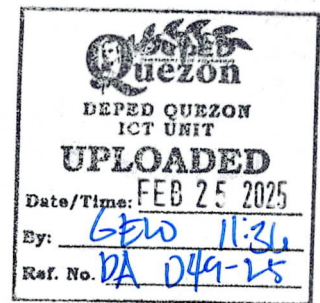




Republic of the Philippines  
**Department of Education**  
Region IV-A  
SCHOOLS DIVISION OF QUEZON PROVINCE



**DIVISION ADVISORY NO. 049 s. 2025**  
**February 21, 2025**

In compliance with DepEd Order (DO) No. 8, s. 2013  
This advisory is issued not for endorsement as per DO 28, s. 2001,  
But only for the information of DepEd officials,  
personnel/ staff, and the concerned public.  
(visit: [www.deped.gov.ph](http://www.deped.gov.ph) )

**INVITATION TO PARTICIPATE IN THE 2025 LPU-BATANGAS INTER-HIGH SCHOOL  
ACADEMIC SKILLS AND CULTURAL COMPETITIONS**

LPU-Batangas will invite all interested Junior and Senior High Schools to participate in the 2025 LPU-Batangas Regional Inter-High School Academic Skills and Cultural Competitions. This event will be held at Main Campus of LPU-Batangas on March 22, 2025, from 8:00 a.m. onwards.

Attached are the details of the contest categories, general guidelines, event objectives, and contact information.

Participation of learners and teachers from public and private schools will be purely voluntary and will not hamper instructional time in compliance with the provision of DepEd Order No. 09, s. 2024 titled Implementing Guidelines on the School Calendar and Activities for the School Year 2024-2025 and DepEd Order No. 9, s. 2005 titled Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith and the policy on off-campus activities stated in DepEd Order No. 66, s. 2017.

For further details, questions, and possible arrangements, please contact Dr. Dickson P. Caringal, Chairman 2025 LPU-Batangas Regional Inter-High Schools Academic Skills and Cultural Competition at telephone number **(043) 723-1706 local 105-106** or via email at [lpubslia@lpubatangas.edu.ph](mailto:lpubslia@lpubatangas.edu.ph).

cid-ims/alp/02/21/2025  
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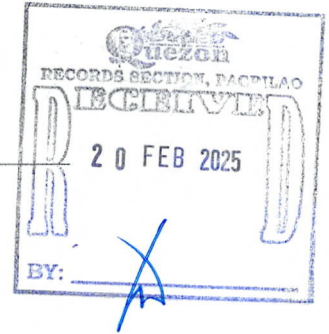


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 Strategic Communications, Linkages, and International Affairs  
[lpubslia@lpubatangas.edu.ph](mailto:lpubslia@lpubatangas.edu.ph) | (043) 723-1706 local 105-106



January 27, 2025

**DR. ROMMEL C. BAUTISTA, CESO V**  
 Schools Division Superintendent  
 DepEd Division of Quezon Province

**Dear Dr. Bautista,**

Re: Request for Endorsement; **2025 LPU-Batangas Regional Inter-High School Academic, Skills and Cultural Competitions**

Greetings from the Lyceum of the Philippines University – Batangas!

LPU-Batangas will again conduct the annual **LPU-Batangas Regional Inter-High School Academic, Skills and Cultural Competitions** – an annual event organized for Junior and Senior High School students to compete, and give them a venue to showcase their intelligence, skills, and creativity in academics, cultural, and skills areas.

Regarding this, we humbly seek your endorsement that you may allow us to invite the Junior and Senior High Schools under your division to take part in this exciting activity. This event will happen on March 22, 2025, Saturday, 8:00 am to 5:00 pm at the Main Campus of LPU-Batangas.

Attached herewith is the official invitation with the list of contests, guidelines and mechanics, and their corresponding prizes that we will send to respective schools. Rest assured that the participation of schools and students is strictly voluntary.

We look forward to your favorable response to this request.  
 Thank you very much, and more power to you and your team.

Veritas et Fortitudo, Pro Deo et Patria!

Respectfully yours,

**DR. DICKSON P. CARINGAL**  
 Chairman, 2025 LPU-Batangas Regional Inter-High School Academic,  
 Skills, and Cultural Competitions  
 Marketing and Communications Supervisor, LPU-Batangas

Noted by:

**MR. PAOLO S. LAUREL**  
 VP for Institutional Affairs  
 OIC, Strategic Communications, Linkages, & International Affairs

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**BATANGAS**  
**REGIONAL**  
**INTER-HIGH SCHOOL**  
**ACADEMIC,**  
**SKILLS AND**  
**CULTURAL**  
**COMPETITIONS**  
**2025**



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February 3, 2025

The School Principal/ Administrator

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Dear Sir / Madam,

Greetings!

In line with the vision and mission of the Lyceum of the Philippines University-Batangas (LPU-B), we are always committed to opening avenues for the students to closely associate with the students at other schools through interaction and friendly competition while showcasing their critical thinking, passion, and creativity whether in academics, skills, or cultural performances.

In pursuit of this commitment, it is with immense pleasure that LPU-Batangas invites your school and students to participate in the **2025 LPU-Batangas Regional Inter-High School Academic, Skills, and Cultural Competitions** on **March 22, 2025, Saturday, face-to-face.**

Enclosed are the guidelines, mechanics, and other relevant details of the event.  
The said competition has eleven (11) categories to compete in which are as follows:

**ACADEMIC COMPETITION:**

1. Humanities and Society Quiz Bee (pair)
2. STEM Quiz Bee (group)
3. Extemporaneous Speaking Contest (individual)

**SKILLS COMPETITION:**

4. SDG Digital Poster Making Contest (individual)
5. Tour Guiding Contest (individual)
6. "Kapeng Barako" Dessert Challenge (individual)
7. Fruit and Vegetable Carving Contest (pair)

**CULTURAL COMPETITION:**

8. Vocal Solo Contest (individual)
9. HipHop Dance Contest (group)
10. Mr. Teen LPU 2025 (individual)
11. Miss Teen LPU 2025 (individual)

**Winners of the Humanities and Society Quiz Bee will receive these prizes:**

First Placer P6, 000 (cash), medal, certificate, tarpaulin, and a trophy for the school  
Second Placer P4, 000 (cash), medal, tarpaulin, certificate  
Third Placer P2, 000 (cash), medal, tarpaulin, certificate

**Winners of the STEM Quiz Bee will receive these prizes:**

First Placer P7, 000 (cash), medal, certificate, tarpaulin, and a trophy for the school  
Second Placer P5, 000 (cash), medal, tarpaulin, certificate  
Third Placer P3, 000 (cash), medal, tarpaulin, certificate

**Winners of the Extemporaneous Speaking contest will receive these prizes:**

First Placer P5, 000 (cash), medal, certificate, tarpaulin, and a trophy for the school  
Second Placer P3, 000 (cash), medal, tarpaulin, certificate  
Third Placer P2, 000 (cash), medal, tarpaulin, certificate

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**Winners of the SDG Digital Poster making contest will receive these prizes:**

First Placer P5, 000 (cash), medal, certificate, tarpaulin, and a trophy for the school  
 Second Placer P3, 000 (cash), medal, tarpaulin, certificate  
 Third Placer P2, 000 (cash), medal, tarpaulin, certificate

**Winners of the Tour Guiding contest will receive these prizes:**

First Placer P5, 000 (cash), medal, certificate, tarpaulin, and a trophy for the school  
 Second Placer P3, 000 (cash), medal, tarpaulin, certificate  
 Third Placer P2, 000 (cash), medal, tarpaulin, certificate

**Winners of the “Kapeng Barako” Dessert Challenge will receive these prizes:**

First Placer P5, 000 (cash), medal, certificate, tarpaulin, and a trophy for the school  
 Second Placer P3, 000 (cash), medal, tarpaulin, certificate  
 Third Placer P2, 000 (cash), medal, tarpaulin, certificate

**Winners of the Fruit and Vegetable Carving Contest will receive these prizes:**

First Placer P5, 000 (cash), medal, certificate, tarpaulin, and a trophy for the school  
 Second Placer P3, 000 (cash), medal, tarpaulin, certificate  
 Third Placer P2, 000 (cash), medal, tarpaulin, certificate

**Winners of the Vocal Solo Contest will receive these prizes:**

First Placer P5, 000 (cash), medal, certificate, tarpaulin, and a trophy for the school  
 Second Placer P3, 000 (cash), medal, tarpaulin, certificate  
 Third Placer P2, 000 (cash), medal, tarpaulin, certificate  
 Fourth Placer P1, 500 (cash), medal, tarpaulin, certificate  
 Fifth Placer P1, 000 (cash), medal, tarpaulin, certificate

**Winners of the HipHop Dance Contest will receive these prizes:**

First Placer P8, 000 (cash), certificate, tarpaulin, and a trophy for the school  
 Second Placer P6, 000 (cash), certificate, tarpaulin, and a trophy for the school  
 Third Placer P4, 000 (cash), certificate, tarpaulin, and a trophy for the school  
 Fourth Placer P3, 000 (cash), certificate, tarpaulin, and a trophy for the school  
 Fifth Placer P2, 000 (cash), certificate, tarpaulin, and a trophy for the school

**Winners of the Mr. and Miss Teen LPU 2025 will receive these prizes:**

Mr. & Miss Teen LPU P8, 000 (cash), certificate, tarpaulin, crown (Ms. Teen LPU), sash, and a trophy for the school  
 First Runners Up P6, 000 (cash), certificate, tarpaulin, sash, and a trophy for the school  
 Second Runners Up P4, 000 (cash), certificate, tarpaulin, sash, and a trophy for the school  
 Third Runners Up P2, 000 (cash), certificate, tarpaulin, sash, and a trophy for the school  
 Fourth Runners Up P2, 000 (cash), certificate, tarpaulin, sash, and a trophy for the school

**Overall Top Performing Schools will also receive the following prizes:**


Top 1 Overall Top Performing School: **Php20, 000.00 (cash), tarpaulin, trophy, and the most coveted IHSC OVERALL CHAMPION roving Trophy**  
 Top 2 Overall Top Performing School: **Php15, 000.00 (cash), tarpaulin, trophy**  
 Top 3 Overall Top Performing School: **Php10, 000.00 (cash), tarpaulin, trophy**

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We are looking forward to having your school and students as one of our participants in this momentous event.

Thank you very much! God Bless!

Sincerely,

  
**Dr. Dickson P. Caringal**

Overall Chairman

2025 LPU-Batangas Regional Inter-High School Academic, Skills, and Cultural Competitions

Marketing and Communications Supervisor

LPU-Batangas

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## GENERAL GUIDELINES

1. This year's general theme is **"LPU-B at 58: Fusing Technology, Innovation, and Industry for the Future Workforce."** However, the specific theme for some individual categories shall be given on the spot during the contest proper.
2. All contests will be held **face-to-face** on **March 22, 2025, Saturday, 8:00 am to 5:00 pm at LPU-Batangas Main Campus, Capitol Site, Batangas City.**
3. The competition is open to all bona fide **Grades 9 to 12 students (unless specified)** of private and public high schools in the Provinces of **Batangas, Quezon, and Laguna.**
4. Each school shall send only **one (1) contestant, pair, or group** for each category, as specified.
5. High schools with Day Class, Night Class, Open High School, Science Class, and/or BEC class under **one** official school name **may send** contestants to represent each class **provided that they have different administrators/principals.**
6. A contestant may join a **maximum of two (2) contests**, provided that the said contests **are not simultaneous.**
7. The contestants shall be in **CASUAL ATTIRE (unless specified)** to avoid school identification. No School ID shall be worn.
8. Each contestant shall be at the venue at least thirty (30) minutes before the contest. General Registration will begin at 7:00 am.
9. Each contestant must present their valid student ID during the per-contest registration for verification purposes.
10. Contests are from 8:00 am to 5:00 pm. There may be changes without prior notice. Contest venues shall be posted at the Arsenio "Dodjie" Laurel Sports Arena and in other strategic areas of the university. Marshalls will be available for assistance.

Contest	Time	Venue
1. Humanities and Society Quiz Bee	8:00 AM	Multimedia Room, 3/F, SHL Building
2. STEM Quiz Bee	8:00 AM	Freedom Hall, 4/F, SHL Building
3. Extemporaneous Speaking Contest	8:00 AM	(After the STEM Quiz Bee) Freedom Hall, 4/F, SHL Building
4. SDG Digital Poster Making Contest	8:00 AM	iMAC Lab, 2/F, SHL Building
5. Tour Guiding Contest	8:00 AM	4th Floor, SHL Building
6. "Kapeng Barako" Dessert Making Challenge	8:00 AM	Hot and Cold Kitchen, LG/F, SHL Building
7. Fruit and Vegetable Carving Contest	8:00 AM	Induction Kitchen, LG/F, SHL Building
8. Vocal Solo Contest	(Elimination Round) Right after the HipHop Dance Contest	Arsenio "Dodjie" Laurel Sports Arena
	Final Round (1:00 pm)	Arsenio "Dodjie" Laurel Sports Arena
9. HipHop Dance Contest	8:00 AM	Arsenio "Dodjie" Laurel Sports Arena
10. Miss Teen LPU 2025	1:00 PM	Arsenio "Dodjie" Laurel Sports Arena
10. Mr. Teen LPU 2025	1:00 PM	Arsenio "Dodjie" Laurel Sports Arena

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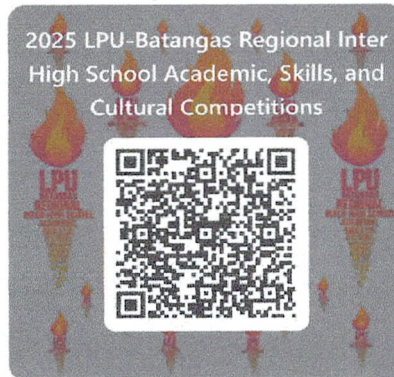
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11. The points to determine the Overall Top Performing schools for all the categories shall be: **10 points - 1<sup>st</sup> place, 7 points - 2<sup>nd</sup> place, 5 points - 3<sup>rd</sup> place, 3 points –4<sup>th</sup> place, 2 points – 5<sup>th</sup> place, 1.5 points – for semi-finalist (Vocal solo and Mr. and Miss Teen LPU 2025), 1 point – participation**, will be tallied. The top 3 schools to accumulate the highest scores will be proclaimed **1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> OVERALL TOP PERFORMING SCHOOLS**, respectively.
12. Previous years' champions (1<sup>st</sup> Placer) of the individual categories shall not be allowed to join the same category; runners-up are permitted.
13. The decision of the judges/arbiters is final and irrevocable.
14. The awarding of all contest winners shall be conducted at the Arsenio "Dodjie" Laurel Sports Arena after the Mr. and Miss Teen LPU 2025 pageant.
15. The **deadline for the CONFIRMATION OF SCHOOL'S PARTICIPATION is on March 14, 2025 (Friday), 3:00 pm.**

To submit your confirmation, please fill out the Confirmation of School's Participation via this registration form: <https://bit.ly/LPUBInterHigh2025> (type the link on your browser or scan the QR code).



Each participating school must send a **certification of enrollment** indicating the names of all the participants **duly signed** by the school principal/administrator to prove that registrants are bona fide students at the school being represented. Please send the document to [lpubslia@lpubatangas.edu.ph](mailto:lpubslia@lpubatangas.edu.ph).

16. For inquiries, you may reach us through these numbers:  
Landline: (043) 723-7370 / (043) 723-0706 loc. 105-106  
Mobile: 0995 266 8471

For your information and guidance.  
Thank you very much.

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## HUMANITIES and SOCIETY QUIZ BEE

### GUIDELINES

1. The competition is open to **Grades 9 to 12 students** of all public and private high schools in the provinces of Batangas, Quezon, and Laguna.
2. Only **one (1) PAIR of contestants per school** is allowed.
3. Prepared questions for the quiz shall be taken from the areas of **Literature and Humanities, Philippine History, World History, Current Events, Business, and Management.**
4. Scores shall be cumulative.
5. The contest shall be in three (3) rounds:
  - **First Round (Easy Round).** There shall be twenty (20) questions for this round and each correct answer shall earn one (1) point.
  - **Second Round (Average Round).** There shall be ten (10) questions for this round and each correct answer shall earn two (2) points.
  - **Third and Final Round (Difficult Round).** There shall be five (5) questions for this round and each correct answer shall earn three (3) points.
6. Clincher questions shall be given in case of a tie to determine who shall advance to the next round and to decide the winners.
7. Each question shall be read by the Quiz Master twice. Contestants shall be given twenty (20) seconds to write their answer. The bell ringer shall signal the end of the time for writing the answer and the Quiz Master shall give the correct answer for checking.
8. Points for correct answers shall be tallied on the board.
9. Protests can only be raised by the coach/trainer and shall only be done before the next question is read. Protests should be supported by written materials of national publication such as books, magazines, and newspapers only. The Panel of Arbiters with the Chair of the Contest shall decide on the protest. The decision of the Panel of Arbiters is final.
10. Coaching during the contest is not allowed and shall be a ground for the disqualification of the contestants.
11. First, Second, and Third Prize Winners shall be based on the top three (3) pairs who shall earn the highest scores.

**Note: Please also refer to the General Guidelines**

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## STEM QUIZ BEE

### GUIDELINES

1. The competition is open to **Grades 9 to 12 students** of all public and private high schools in the provinces of Batangas, Quezon, and Laguna.
2. Only **one (1) team composed of three (3) members per school** is allowed.
3. Prepared questions for the quiz shall be taken from the areas of **Physics, Chemistry, Biochemistry, Earth Science, Biology, Algebra, Geometry, Trigonometry, Statistics, and Information Technology.**
4. Contestants **SHALL PROVIDE THEIR OWN SCIENTIFIC CALCULATOR** for the contest.
5. Scores shall be cumulative.
6. The contest shall be in three (3) rounds:
  - **First Round (Easy Round).** There shall be twenty (20) questions for this round and each correct answer shall earn one (1) point.
  - **Second Round (Average Round).** There shall be ten (10) questions for this round and each correct answer shall earn two (2) points.
  - **Third and Final Round (Difficult Round).** There shall be five (5) questions for this round and each correct answer shall earn three (3) points.
7. Clincher questions shall be given in case of a tie to determine who shall advance to the next round and to decide the winners.
8. Each question shall be read by the Quiz Master twice. Contestants shall be given at least 20 seconds to answer each question. The bell ringer shall signal the end of the time for writing the answer and the Quiz Master shall give the correct answer for checking.
9. Points for correct answers shall be tallied on the board.
10. Protests can only be raised by the coach/trainer and shall only be done before the next question is read. Protests should be supported by written materials from publications such as books and refereed journals. The Panel of Arbiters with the Chair of the Contest shall decide on the protest. The decision of the Panel of Arbiters is final.
11. Coaching during the contest is not allowed and shall be a ground for the disqualification of the contestants.
12. First, Second, and Third Prize Winners shall be based on the top three (3) groups of contestants who shall earn the highest scores.

**Note: Please also refer to the General Guidelines**

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## EXTEMPORANEOUS SPEAKING CONTEST

### GUIDELINES

1. The competition is open to **Grades 9 to 12 students** of all public and private high schools in the provinces of Batangas, Quezon, and Laguna.
2. Only **one (1) contestant per school** is allowed.
3. Previous years' champions (1<sup>st</sup> Placer) of this category shall not be allowed to join; runners-up are permitted.
4. The photo to be discussed shall be shown on screen. Photos to be flashed will revolve on the theme, "**LPU-B at 58: Fusing Technology, Innovation, and Industry for the Future Workforce.**"
5. The contestant shall be given a maximum of **three (3) minutes** to prepare and a **maximum of four (4) minutes** to deliver.
6. Speeches shall be delivered in **English**.
7. The style of the delivery shall be conversational, oratorical, or a combination of both.
8. The contestant shall come in **smart business attire**.
9. The competition will make use of the Ranking System in determining the placements of the contestants.
10. The top 3 contestants who incurred the highest ranks shall be proclaimed 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> prize winners, respectively.
11. The decision of the judges is final and irrevocable.

#### Criteria for Judging

<b>CONTENT</b> (The discussion has substance and meaning.)	<b>40%</b>
<b>ORGANIZATION</b> (There is a smooth flow, and ideas are organized.)	<b>30%</b>
<b>DELIVERY</b> (The speaker manifests proper enunciation, pronunciation, juncture, stress, and phrasing.)	<b>20%</b>
<b>STAGE DECORUM</b> (The speaker exudes confidence, authority, and enthusiasm that entice the audience.)	<b>10%</b>
<b>TOTAL</b>	<b>100%</b>

**Note: Please refer also to the General Guidelines.**

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# SUSTAINABLE DEVELOPMENT GOAL (SDG) DIGITAL POSTER MAKING CONTEST

## GUIDELINES

1. The competition is open to **Grades 9 to 12 students** of all public and private high schools in the provinces of Batangas, Quezon, and Laguna.
2. Only **one (1) contestant per school** is allowed.
3. The digital poster entry/contest may focus on any of the following:
  - SDG 8 – Decent Work & Economic Growth
  - SDG 9 – Industry, Innovation & Infrastructure
  - SDG 11 – Sustainable Cities & Communities
  - SDG 12 – Responsible Consumption & ProductionHowever, the final SDG focus/topic shall be announced on the actual day of the competition. The message of the digital poster entry must align with the final SDG, highlighting its goals and relevance.
4. Each participant shall be provided with a personal computer (**iMac**) installed with **adobe photoshop and adobe illustrator** for editing their entries. Participants may opt to use their own laptops in editing; however, editing must be done at the contest venue. **Only adobe photoshop and adobe illustrator are allowed to be used in editing.**
5. Inserting any flash drive, hard drive, card reader, or the likes to the personal computer provided is not allowed. Only email is allowed in sending and copying files.
6. Soft copies of all the entries must be submitted by the specified deadline, **11:30 am** on the same day of the competition. The email address shall be provided during the contest proper.
7. The entry must be accompanied by a description (75 to 100 words).
8. Submission Requirements:
  - Format: Digital posters should be submitted as JPEG or PNG.
  - Resolution: Minimum of 300 dpi to ensure quality for potential printing.
  - Dimensions in pixels: 3300 pixels per inch x 5100 pixels per inch (Portrait orientation)
  - Dimensions in inches: 11 inches (width) x 77 inches (height) (Portrait orientation)
9. Design Specifications:
  - Entries shall incorporate the university's own specially-created SDG logo in the poster. The logo shall be given on the spot.
  - Contestants affirm that their submissions are their own original work.
    - Have not been copied from others or from previous designs.
    - Have not been submitted in previous competitions or used for commercial purpose.
    - Does not include any copyrighted images, logos, or material.
    - Does not violate the intellectual property rights of any other individuals, organizations, or other creative sources.

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\*\*\* Plagiarism will result in disqualification.

- Any text content should be in English.
- Visual content (illustrations, icons, typography) should be relevant to the SDG theme and support the message clearly.
- Entries that contain inappropriate content (e.g., promotion of brands, malicious or explicit content that can offend race, sex, religion, or public taste) are not allowed. The committee has exclusive authority to determine whether content is offensive or inappropriate.
- Entries or other elements of the entries that have been created with the help of Artificial Intelligence (AI) generator would lead to disqualification.

10. The following criteria will be used for judging:

- **Relevance to SDG (30%)**  
(How well the poster addresses the chosen SDG and its impact.)
- **Creativity & Originality (25%)**  
(Fresh, innovative ideas and artistic presentation.)
- **Design & Visual Impact (20%)**  
(The overall aesthetics, use of color, typography, and layout.)
- **Message Clarity & Call to Action (25%)**  
(How clear and understandable the message is in promoting awareness or action.)  
(How effectively the poster inspires the audience to support the SDG or act.)

11. The competition will make use of the Ranking System in determining the placements of the contestants.

12. The top 3 contestants who incurred the highest ranks shall be proclaimed 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> prize winners, respectively.

13. The decision of the judges is final and irrevocable.

(Copyright and Ownership: By submitting an entry, participants agree to grant the organizers the right to use and reproduce the material for promotional, educational, and other school-related purposes, with proper credit given to the creators. The material shall remain the intellectual property of the participant.)

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## TOUR GUIDING COMPETITION GUIDELINES

1. The competition is open to **Grades 9 to 12** students of all public and private high schools in the provinces of Batangas, Quezon, and Laguna.
2. Only **one (1) contestant per school** shall be allowed.
3. The theme for this category is "**Love the Philippines: Batangas,**" where the vibrant essence of Batangas Province serves as the primary focus of the competition.
4. The participant must research the following prominent Batangas Province's tourist attractions.
  - o Taal Volcano and Taal Lake
  - o Anilao (as a diving destination)
  - o Fortune Island
  - o Caleruega Church
  - o Saint Padre Pio Parish and Shrine
  - o Mt. Batulao
  - o Taal Heritage Town
  - o Masasa Beach
  - o Mt. Maculot
  - o Malabrigo Lighthouse
  - o Basilica of St. Martin De Tours
  - o Verde Island Passage
  - o Cape Santiago Lighthouse
  - o Monte Maria Shrine
  - o Marian Orchard
5. **Three (3) photos** showcasing the aforementioned attractions will be presented on the screen, requiring participants to describe them to the judges, acting as tourists.
6. The tour guiding competition and showcasing the aforementioned attractions will be conducted **live on the spot**.
7. Each participant shall be given a **minimum of three (3) minutes and a maximum of five (5) minutes** for his/her presentation including his/her introduction and closing spiels.
8. If the participant exceeds the time allotted for the presentation, **one (1) point will be deducted for every minute exceeded**.
9. The participant **must be dressed appropriately as a tour guide** and must have all the relevant props for his/her presentation. **Nothing about the attire should reveal the name and logo of the school being represented.**
10. The presentation must be delivered **in English**. However, greetings and/or closing spiels may include different dialects or native words or phrases.
11. The competition will make use of the Ranking System in determining the placements of the contestants.
12. The top 3 contestants who incurred the highest ranks shall be proclaimed 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> prize winners, respectively.
13. The decision of the judges is final and irrevocable.

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**CRITERIA FOR JUDGING**

<b>Content/Tour Commentary</b> (Knowledge of the destination/attraction and authenticity of information provided.)	<b>50 points</b>
<b>Communication Skills</b> (Tone and quality of voice; overall projection and language nuances.)	<b>30 points</b>
<b>Confidence</b>	<b>10 points</b>
<b>Appropriateness of Attire</b>	<b><u>10 points</u></b>
<b>TOTAL</b>	<b>100 Points</b>

**Note: Please refer also to the General Guidelines**

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## “KAPENG BARAKO” DESSERT CHALLENGE

### GUIDELINES

1. The competition is open to **Grades 9 to 12 students** of all public and private high schools in the provinces of Batangas, Laguna, and Quezon.
2. Only **one (1) contestant per school** shall be allowed.
3. Each contestant is given **two (2) hours** to prepare, cook, and plate/present a hot or cold **KAPENG BARAKO-INSPIRED dessert** on the spot.
4. The contestant must wear a chef's jacket **or** plain white shirt, hairnet and toque **or** plain cap, and an apron. The attire should have no logo, name, or marks to identify the school being represented.
5. The dessert must be good for two (2) persons, plated individually, one for display and one for judge's tasting. Set up of the display will not be part of the judging. Only plated dessert will be judged.
6. All ingredients (main and supplementary) shall be provided by the participants. Only ingredients in the submitted recipes will be allowed to be brought in the competition area.
7. Four (4) copies of the recipe must be submitted to the organizers before the start of the competition. These will also serve as basis of judging. Recipes should be written in the official recipe form. Each recipe should be good for two (2) persons and should stipulate ingredients, quantity (in metric form) and method of cooking. Five (5) percent allowance or buffer is allowed.
8. Pre-prepared/chopped *mise en place* is allowed but must not be cooked. Dessert sauces must be prepared on the spot.
9. Contestants must bring their own cooking utensils (pots, pans, etc.) and other small equipment (blender, mixer, etc.), adaptor, and extension cords, if needed.
10. Contestants must provide their own wares/plates. Any color is accepted but there should be no logo, name, or marks to identify the school being represented.
11. Contestants will be provided with own workplace with four-glass burner and a work area with sink. A common chiller and freezer will also be provided.
12. Contestants must register at least thirty (30) minutes before the start of the competition.
13. All ingredients and equipment of the contestants must be within the designated competition area before the start of the competition.
14. All contestants must leave the workstations in a neat and tidy condition. This is part of the judging criteria.

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15. The organizers reserve the right to use the submitted entry recipes for promotional and other purposes.
16. The top 3 contestants who incurred the highest points shall be proclaimed 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> prize winners, respectively.
17. The decision of the judges is final and irrevocable.

**Criteria for Judging**

<p><b>Mise en place and orderly working area</b> (A clean, efficient workspace with ingredients prepped and readily accessible materials. Observe hygiene practices and the competitor's systematic approach.)</p> <p><b>Correct Preparation</b> (Accuracy of measurements, proper application of techniques, and the quality of the dessert's components. Correct doneness, texture, and consistency.)</p> <p><b>Practical, up-to-date presentation</b> (Should be both aesthetically pleasing and functional for serving and consumption. Judges look for creativity, attention to detail, and an understanding of contemporary plating trends.)</p> <p><b>Taste</b> (Balance of flavors, the quality of ingredients, and the overall deliciousness of the dessert. Serve at the right temperature.)</p> <p><b>TOTAL POSSIBLE POINTS</b></p>	<p><b>0-20 points</b></p> <p><b>0-20 points</b></p> <p><b>0-20 points</b></p> <p><b>0-40 points</b></p> <p><b>100</b></p>
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points

**Note: Please refer also to the General Guidelines.**

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## FRUIT AND VEGETABLE CARVING CONTEST

### GUIDELINES

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1. The competition is open to **Grades 9 to 12 students** of all public and private high schools in the provinces of Batangas, Quezon, and Laguna.
2. Only **one (1) PAIR of contestants per school** is allowed.
3. Fruit & Vegetable Carving will be done **on-the-spot**.
4. Each pair is given **two and a half (2.5) hours** to carve, present, and display their finished product following the theme **“Festive of Flowers.”**
5. Going beyond the allotted time shall incur a penalty of one (1) point per minute to be deducted from the total score.
6. Each pair must provide their own working tools, fruits, and vegetables to be used in the competition. No power tools shall be used. No food color is allowed.
7. No pre-slicing, carving, or preparation of fruits and vegetables before the competition. No marks or drawings must be visible on the fruits and vegetables. Judges and organizers will check the materials before the start of the competition. Any materials with marks and drawings will be taken out.
8. All utensils and other paraphernalia should not bear any logo or identification marks of the school being represented.
9. Barbeque sticks and toothpicks are the only accessories allowed to be used. Usage of accessories not included in the list shall mean a penalty of one (1) point to be deducted from the total score.
10. Contestants can use props, linens to enhance the total presentation of the entries, however, this will not be included in judging.
11. The contestants shall at least wear white polo or t-shirt with apron and hair restraints (ex. hair net, Chef’s hat) if Chef’s uniform is not available.
12. The top 3 pairs who incurred the highest ranks shall be proclaimed 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> prize winners, respectively.
13. The decision of the judges is final and irrevocable.

**Criteria for Judging:**

Degree of Difficulty	30 points
Artistic Achievement	20 points
Work Involved and Work Details	25 points
Originality	25 points
<b>TOTAL</b>	<b>100 points</b>

**Note: Please also refer to the General Guidelines.**

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# VOCAL SOLO CONTEST

## GUIDELINES

### ELIMINATION ROUND

1. The competition is open to **Grades 9 to 12 students** of all public and private high schools in the provinces of Batangas, Quezon, and Laguna.
2. Only **one (1) contestant per school** is allowed.
3. The following are not allowed to join the competition:
  - a. Regional or national winners of similar contests
  - b. Professional singers (those who are paid for their services as singers)
  - c. Previous years' champions of this category shall not be allowed to join; runners-up are permitted.
4. The **elimination round** shall be held on **March 22, 2025, right after the HipHop Dance Contest** at the Arsenio "Dodjie" Laurel Sports Arena, LPU-Batangas Main Campus.
5. The contestant must be in **Filipiniana / Barong / or any Filipino Formal attire** during the elimination round.
6. The contestant must be at the venue thirty (30) minutes before the contest for sound checking; and draw lots of official contestant numbers.
7. Each contestant shall sing a **2-minute** song in any genre, OPM or foreign, either English or Filipino, as their contest piece for the elimination round. The copy of the contest piece/music must be uploaded on a google drive. The link must be sent via email to [cultureandarts@lpubatangas.edu.ph](mailto:cultureandarts@lpubatangas.edu.ph) using this format: School Name\_IHSCVocalSolo **on or before March 19, 2025, 3:00 pm.**
8. The contestant shall only use MP3 minus one saved in a USB flash drive. The use of mobile phones is strictly **NOT ALLOWED.**
9. There shall be one representative of the contestant at the technical booth during the playback of music during the performance to guide the technical people, and with back-up music file on hand to avoid potential delays.
10. The competition will make use of the Ranking System in determining the placements of the contestants.
11. The **twelve (12) contestants** with the highest ranks during the elimination round shall move on to the final round of the competition.

### FINAL ROUND

1. The competition will be among the **twelve (12) finalists** who were selected during the Elimination Round. The final round will be on **March 22, 2025, 1:00pm at the Arsenio "Dodjie" Laurel Sports Arena, LPU-Batangas Main Campus.**
2. The contest piece must be any **Original Pilipino Music (OPM), Tagalog or English.** The finalist may use an arreglo/arranged piece.
3. The finalist shall only use MP3 minus one saved in a USB flash drive. The use of mobile phones is strictly **NOT ALLOWED.**
4. The finalist must be at the venue thirty (30) minutes before the contest for sound checking; and draw lots of official contestant numbers.
5. There shall be one representative of the finalist at the technical booth during the playback of music during the performance to guide the technical people, and with back-up music file on hand to avoid potential delays.
6. The finalist shall be given a maximum time of **five (5) minutes** for his/her performance. Finalist who exceeds the allowable time of performance, regardless of duration, shall obtain a 2-point deduction from the final score.
7. The finalists are required to be in **Filipiniana / Barong / or any Filipino Formal attire** during his/her performance in the final round.
8. The competition will make use of the Ranking System in determining the placements

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- of the contestants.
9. The top (5) five contestants who garnered the highest ranks shall be proclaimed 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> prize winners, respectively.
  10. The decision of the board of judges is final and irrevocable.

**Criteria for Judging (Elimination and Final Round):**

<b>Voice</b>	50%
(Tonality and Techniques)	
<b>Style and Performance</b>	40%
(Rendition qualities, discipline, timing and precision, delivery & interpretation, appropriateness of staging of the song)	
<b>Stage Presence</b>	<u>10%</u>
<b>TOTAL</b>	<b>100%</b>

**Note: Please refer also to the General Guidelines.**

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# HIPHOP DANCE CONTEST

## GUIDELINES

1. The competition is open to **Grades 9 to 12 students** of all public and private high schools in the provinces of Batangas, Laguna, and Quezon.
2. A **minimum of eight (8) and a maximum of ten (10) members** shall be allowed for each performing group.
3. Only **one (1) group** per school is allowed.
4. The routine should be in the context of HipHop Dance (including locking, popping, krumping, stepping, breakdance, waacking, tutting, and voguing.)
5. Each group is given a **minimum of three (3) minutes and a maximum of five (5) minutes** for their routine.
6. The copy of the contest piece/music must be uploaded on a google drive. The link must be sent via email to [cultureandarts@lpubatangas.edu.ph](mailto:cultureandarts@lpubatangas.edu.ph) using this format: School Name\_IHSCHipHopDanceContest **on or before March 19, 2025, 3:00 pm.**
7. There shall be one representative of the group at the technical booth during the playback of music during the performance to guide the technical people, and with back-up music file on hand to avoid potential delays.
8. The routine shall make use of **Popular TikTok viral music and dances**. Medley or remix of several songs is allowed. **No vulgarity, obscenity, explicit contents are allowed.**
9. The group has a free choice of costume provided it is under the context of HipHop style/fashion. Removing pieces of clothing during the performance is permitted provided it is **not offensive or out of character.**
10. Body/face oils or paints/other substances applied to the body or clothing that may affect the clean dry surface of the stage and the safety of fellow competitors **are prohibited.**
11. The routine is allowed to make use of hand props only. **Large props and set designs are strictly prohibited.**
12. The use of pyrotechnic gadgets, sharp and pointed materials, smoke or combustible material as props are **also not allowed.**
13. The competition will make use of the Ranking System in determining the placements of the contestants.
14. The top (5) five groups who incurred the highest ranks shall be proclaimed 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> prize winners, respectively.
15. The decision of the board of judges is final and irrevocable.

### Criteria for Judging:

<b>Creativity and Choreography</b>	40%
-Uniqueness of routines with signature moves	
-Originality in attacking the dance floor	
-Effectiveness of transitions	
<b>Showmanship and Intensity</b>	40%
-Cohesive and Dynamic movements	
-Strength and consistency of projection	
-Display of confidence and Strong stage presence	
<b>Overall Impact</b>	20%
-Costume, Style, and Accessories	
-Entertainment Value and Crowd Appeal	
<b>Total</b>	100%

Note: Please also refer to the General Guidelines.

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## MR. AND MISS TEEN LPU 2025

### GUIDELINES

1. The competition is open for all bona fide **Grades 10 to 12** students from all public and private high schools in the provinces of Batangas, Laguna, and Quezon.
2. Each high school may field only **one (1) pair** of candidates.
3. Judging shall be individually and not by pair.
4. The candidate must possess a very pleasing personality and must be of good moral character.
5. The candidate must present and submit to the organizing committee the following credentials on the day of submission of confirmation of participation:
  - a. **Accomplished Information Sheet.**
  - b. **One (1) close up 3R size photo (white background)**
  - c. **Photocopy of the school registration/enrolment form of the current school year**
6. The candidate must be single and at least 5' tall.
7. Mr. Teen LPU 2025 candidates must provide the following for the competition:
  - a. **Red top & White Pants**
  - b. **Circus Ringmaster theme wear (see samples)**
  - c. **Formal Attire**
8. Miss Teen LPU 2025 candidates must provide the following for the competition:
  - a. **Yellow top & White Skinny Jeans**
  - b. **Cutie Clown theme wear (see samples)**
  - c. **Evening gown**
9. Rehearsals will start at 8:00 am on March 22, 2025. Numbering shall be done during the rehearsals. Handlers/Assistants are not allowed during the rehearsals.
10. Only two (2) assistants shall be allowed to accompany the candidate backstage/dressing room during the pageant. Each candidate is expected to bring their own accessories and other equipment needed including extension cords, adaptors, tables, etc. Assistants **MUST** seek an **official ID Pass** from the organizers. Only those with Official ID Pass shall be allowed to enter backstage/dressing room for the security of the candidates and their belongings.
11. **Top Ten (10) finalists for both boys and girls** shall move forward to the final interview round. No special/category awards will be given out.
12. The decision of the board of judges is final and irrevocable.

#### Criteria for Judging

**\*QUALIFYING ROUND**

Opening Production	20%
Theme wear	40%
Formal Attire/Evening Gown	40%
<b>TOTAL</b>	<b>100%</b>

**\*FINAL ROUND (TOP 8 finalists)**

Retained Score from the Qualifying Round	20%
Overall Impression	30%
Final Interview	50%
<b>TOTAL</b>	<b>100%</b>

**Note: Please also refer to the General Guidelines.**

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**MR. AND MISS TEEN LPU 2025**  
**INFORMATION SHEET**

Full Name \_\_\_\_\_  
School Represented \_\_\_\_\_  
Address \_\_\_\_\_  
Date of Birth \_\_\_\_\_  
Contact No./s \_\_\_\_\_  
Special talent / Skills \_\_\_\_\_

Awards / Recognition Received \_\_\_\_\_  
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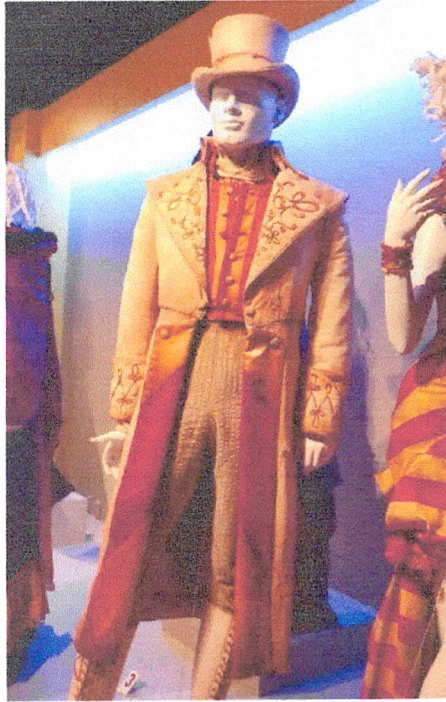
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Name and Signature of the Contestant

\_\_\_\_\_  
Name and Signature of the School Principal/Administrator

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Sample Theme wear Designs: Circus Ringmaster



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Sample Theme wear Designs: Cutie Clown



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